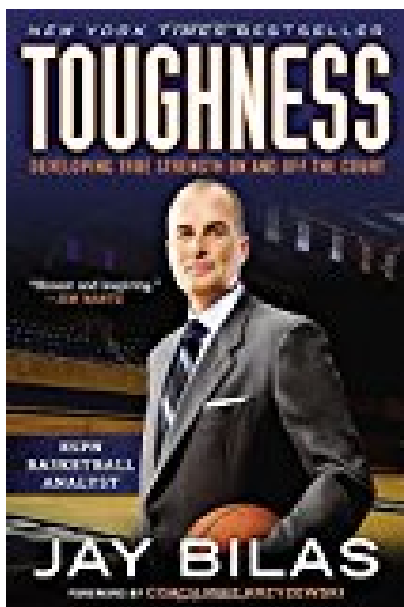


# Toughness Developing True Strength On and Off the Court

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## BOOK DETAILS

- Author : Jay Bilas
- Pages : 288 Pages
- Publisher : Berkley
- Language : English
- ISBN : 0451414683



## BOOK SYNOPSIS

A popular ESPN basketball analyst and former Duke player reveals the successful work ethic he learned under Mike "Coach K" Krzyzewski, tracing his career while imparting the importance of his mentors respective definitions of toughness to explain how they can be applied effectively to athletic and personal goals. 50,000 first printing.

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